

## The Heavenly Hollywood Facial

The Heavenly Hollywood Facial is right for you IF:

- You are not a candidate for more invasive procedures (because of skin tone)
- You are concerned about painful treatments/numbing injections
- You want quick results with little downtime
- You are tired of facials that never deliver the promised results
- You want to maintain healthy, vibrant skin

**The 5 modalities used are as follows:**

**Diamond Microdermabrasion:** (exfoliation)

This gentle exfoliation is performed with a diamond tipped passing over the skin's surface by creating a gentle vacuum. **Diamond** Microdermabrasion exfoliates approximately 20-25 microns of dead skin cells of the outermost layer (stratum corneum). It leaves skin feeling unbelievably soft and smooth.

**Celluma LED Light Therapy;** (helps increase collagen and elastin production thereby reducing fine lines and wrinkles and evening out skin tone)

Celluma® LED Light Therapy is a revolutionary FDA-approved treatment proven to accelerate skin regeneration and healing. Based on NASA LED technology, LED phototherapy helps increase collagen and elastin production, destroy acne bacteria, reduce inflammation and speed healing of damaged skin, thereby reducing fine lines and wrinkles, evening out skin tone and helping heal stubborn acne and rosacea conditions. LED Light Therapy does not utilize UV light.

Benefits of Infrared Light Therapy

- Increases circulation: The increased circulation heals and repairs damaged skin tissue. This increase in circulation also causes the body to rid itself of wastes and toxins. Stimulates the production of collagen which lessens build up of scar tissue.
- Reduces overall redness, skin damage, and dilated capillaries.
- Improves healing of acne, lessen coarseness, and help sun-damaged skin.
- Skin that feels and looks younger.
- Wrinkle reducer and diminishes skin effects from aging, smoking, and weather.
- Increases lymphatic system activity. Research has shown that the lymph vessel diameter and the flow of the lymph system can be doubled with the use of light therapy.

**Rezenerate:** (plumping with hydrating nutrients)

The Rezenerate was designed to reduce the signs of aging by painlessly creating hundreds of thousands of microscopic permeations on the surface of the skin. This leads to an immediate plumpness of the skin for an amazing short term benefit and also allows for greater absorption of nutrients thereby hydrating and re-energizing your skin's natural beauty over the long term. Note: Since fillers and Botox are injected deep into the dermis, the Rezenerate system will not adversely affect your injections. The Rezenerate System can, however, reduce how frequently you may need to get such injections.

Benefits of Rezenerate

- In a matter of days a brand new, smoother, more radiant and even toned layer of skin will start to appear.

- Over the course of two weeks skin firmness and elasticity is increased, leaving you with a youthful, invigorated appearance.

**Microcurrent:** (lifts and tightens facial muscles)

Microcurrent emits extremely low-voltage electrical currents which mirror your own body's electrical currents, on a cellular level to repair damaged skin and stimulate collagen and elastin production. This treatment is often referred to as "facial toning" because it's like a workout for your face, whereby skin cells are broken down and then grow back stronger, the same way your muscles do after lifting weights. It works simultaneously to repair a product collagen in the dermis, the deepest layer of your skin, while gently erasing signs of aging in the epidermis, the top layer of your skin.

Benefits of Microcurrent

- Diminished appearance of fine lines and wrinkles
- Improved muscle tone in face and neck
- Improved circulation
- Cleared up or reduced acne
- Lift of jowls and eyebrows
- Lymphatic drainage
- Sun damage treatment
- Skin pigment improvement
- Product penetration
- Smoother, firmer skin
- Hydrated and revitalized skin
- Improved elasticity

**XO8 Placenta Stem Cell Mask** (Instantly firm, hydrate, and brighten the skin while simultaneously promoting collagen production)

XO8 Placenta Stem Cell Mask is an innovative treatment mask containing pluripotent stem cell extract, 24K Nano Gold, active botanicals, and peptides designed to support your skin's health.

Benefits of XO8 Placenta Stem Cell Mask

- Increase collagen production and elastin synthesis
- Minimize the appearance of fine lines and wrinkles – yes, even crow's feet!
- Enhance hydration and retain moisture in the skin
- Promote skin's radiance and youthful look
- Diminish hyper-pigmentation and even skin tone

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**Contraindications**

Each modality used in the The Heavenly Hollywood Facial has contraindications. A contraindication is a specific situation in which a procedure should not be used because it may be harmful to the person. If you have any of the listed contraindications below let your Aesthetician know as it is a factor that serves as a reason to withhold a certain treatment due to the harm that it would cause the client.

### **Microcurrent Contraindications:**

- Pacemaker
- Pregnancy
- Thrombosis
- Phlebitis
- Epilepsy
- Cancer
- *If you have had a botox or filler treatment, we recommend to wait two weeks to receive a microcurrent facial. However, there is no downtime after a microcurrent facial. Patients who regularly get microcurrent facials actually lessen the need for and frequency of botox.*

### **Rezenerate Contraindications:**

- Nursing or pregnant women
- Undiagnosed lesions or skin infections
- Recent herpes outbreaks
- Some cases of Rosacea
- Psoriasis
- Diabetes and other auto-immune system disorders
- Schleroderma
- Scars less than 6 months old
- Severe solar keratosis
- Nursing or pregnant women
- Undiagnosed lesions or skin infections
- Recent herpes outbreaks
- Some cases of Rosacea
- Psoriasis
- Diabetes and other Auto-immune system disorders

### **Microdermabrasion Contraindications:**

Although it is impossible to list every potential risk and complication, the following conditions are recognized as contraindications for microdermabrasion treatment and must be disclosed prior to treatment.

- Active infection of any type, such as Herpes simplex virus or flat warts
- Active acne
- Sunburn
- Recent use of topical agents such as glycolic acids, alphahydroxy acids and Retin-A
- Any recent chemical peel procedure
- Uncontrolled diabetes
- Eczema
- Dermatitis
- Skin cancer
- Vascular lesions
- Oral blood thinner medications
- Rosacea
- Tattoos (not effective)
- Pregnancy
- Use of Acutane within the last year
- Family history of hypertrophic scarring or keloid formation

- Telangiectasia/erythema may be worsened or brought out by skin exfoliation.

### **LED Contraindications:**

- Pregnant or Nursing
- Seizure disorder
- When the application of “heat” or increased warmth to the skin is a contraindication
- If client is “photo-sensitive” – Some disorders and medications can cause photo-sensitivity
- Steroidal medications
- You must wait five days after Botox or cosmetic fillers.

### **XO8 Placenta Stem Cell Mask:**

- There are no contraindications for this mask.